

# RACE DAY INFORMATION



## 21 MAY 2023

Blenheim Palace, Woodstock, Oxfordshire, OX20 1PP

### DOGS

**If the weather is hot, please be responsible and leave your dog at home.**

**You can still participate in the run without your dog.**

You are responsible for keeping your dog under control and on a lead at all times. Please clear up after your dog

### PARTICIPATING WITH A WHEELCHAIR

The course includes up-hill stretches. Participants can bring help to get them around the route if required (no additional charge).

#### PROGRAMME FOR THE DAY

Arrive with plenty of time to get into the grounds, park and visit the loo!

09:35 Warm up for the 1 mile race

09:45 1 mile race starts

10:30 7k warm up

10:40 7k main wave

10:50 4 mile race starts

11:00 7k runners with dogs and walkers

Noon Winners trophies will be presented

**All the races start and finish at the arch.**

**Please pin your race number on your front, it has your timing chip on it. Also complete the form on the back.**

#### Arrival

Please allow plenty of time to arrive and get parked. There can be traffic queues.

#### Car Parking

There is free parking .

#### Facilities

Toilets are provided. Please note that there are more inside the Pleasure Gardens). The palace café serves refreshments .

#### Bag Storage

Bag storage is provided by the Youth Challenge Oxfordshire (YoCo) for a donation.

#### The Warm Up

The Warm Up will be led by Geraldine Jennings,

#### The Route

Please see the map over-leaf. Please note that the 7k route is longer 7k in distance.

#### Water

The water bottles we supply are made of recycled materials and can be recycled. Please use the bins provided or take your bottle home. Even better, bring your own water.

There will be a water station on the 7k and 4-mile route and at the end.

#### Photography and film

There will be photographs and film taken at the event.

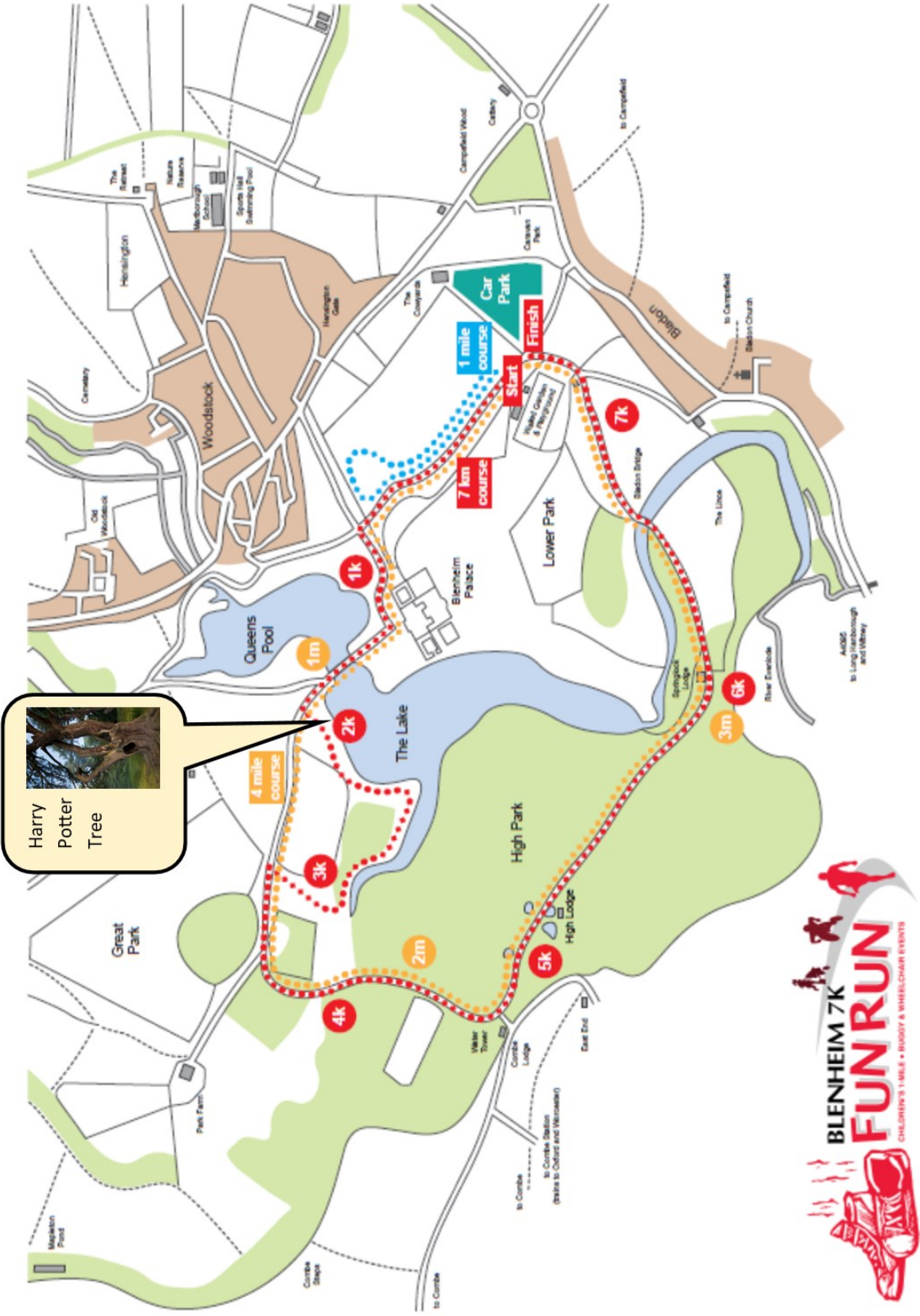
#### Medals and Prizes

There will be medals for all finishers and trophies for the winners of the: 7k, 1 mile and 4-mile races, the first team (2 fastest times) and school teams.

#### Results

The results will be available on [www.blenheim7k.co.uk](http://www.blenheim7k.co.uk).

**We look forward to seeing you and hope you have a fabulous day.**



Harry Potter Tree



Note the 7k route is over 7k. (7.4k)